

ALSO® PROVIDER COURSE

Advanced Life Support in Obstetrics (ALSO) is an evidence-based, interprofessional, and multidisciplinary training program that equips the entire maternity care team with skills to effectively manage obstetric emergencies. This comprehensive course encourages a standardized team-based approach amongst physicians, residents, nurse midwives, registered nurses and other members of the maternity care team to improve patient safety and positively impact maternal outcomes.

OVERALL COURSE OBJECTIVES

1. Discuss methods of managing pregnancy and birth urgencies and emergencies, which standardizes the skills of practicing maternity care providers.
2. Demonstrate content and skill acquisition as evidenced by successful completion of online course examination, skills workstations, and group testing stations.
3. Provide safe team leadership through various emergency obstetric scenarios.
4. Demonstrate effective team communication strategies focusing on patient safety.

CME & CNE INFORMATION

The AAFP has reviewed ALSO Provider Course and deemed it acceptable for up to 8.00 Live AAFP Prescribed credits. Term of Approval is from 9/10/2026 to 9/10/2027. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Academy of Family Physicians is approved as a Provider of continuing nursing education by the Kansas State Board of Nursing. This course offering is approved for 9.60 contact hours applicable for APRN, RN, or LPN relicensure. Kansas State Board of Nursing Provider number: LT0278-0312. This is an advanced level course and may not be suitable for all general continuing nursing education.

AAFP Prescribed credit is accepted by the following organizations/physician licensing boards. This acceptance is confirmed each year, though no written agreement exists. Participants should contact these organizations directly to find out how to report credit:

American Academy of Physician Assistants (AAPA)
National Commission on Certification of Physician Assistants (NCCPA)
American Nurses Credentialing Center (ANCC)
American Academy of Nurse Practitioners Certification Board (AANPCB)
American Association of Medical Assistants (AAMA)
American Board of Family Medicine (ABFM)
American Board of Emergency Medicine (ABEM)
American Board of Preventative Medicine (ABPM)

MAINTENANCE OF CERTIFICATION

The ABOG MOC standards now allow participation in ABOG-approved Simulation Courses to meet the annual Improvement in Medical Practice (Part IV) MOC requirement. This course has been approved to meet ABOG Improvement in Medical Practice requirements until 12/31/2022 Please review the current MOC Bulletin for further information:

<https://www.abog.org/about-abog/bulletins>

COURSE DISCLAIMER

The material presented at this course is being made available by the American Academy of Family Physicians for educational purposes only. This material is not intended to represent the only, nor necessarily the best, methods or procedures appropriate for the medical situations discussed, but rather is intended to present an approach, view, statement, or opinion of the Instructors which may be helpful to others who face similar situations.

The AAFP disclaims any and all liability for injury, or other damages, resulting to any individual attending this course and for all claims which may arise out of the use of the techniques demonstrated therein by such individuals, whether these claims shall be asserted by a physician, or any other person.

Every effort has been made to ensure the accuracy of the data presented at this course. Clinicians may care to check specific details, such as drug doses and contraindications, etc., in standard sources prior to clinical application.

For more information on
Advanced Life Support in
Obstetrics (ALSO),
please visit www.aafp.org/ALSO



AMERICAN ACADEMY OF FAMILY PHYSICIANS

ALSO Provider Course

Thursday, September 10, 2026
7:45 am – 5:00 pm

Astera Health, Wadena, MN

Sponsored by
Medi-Sota, Inc. & Astera Health



COURSE PRE-WORK

Learners will be provided an email that includes a URL/link to the Online ALSO Provider Course. Content consists of a pre-test; recorded lectures; online case studies; recorded workstation demonstrations; post-test and a course evaluation. After completion of the evaluation the Learners **must Claim Credit** to show as 'Complete' in the Sponsor's Course Dashboard and to qualify to attend the Live Course.

AFTER THE LIVE COURSE

The ALSO Course Sponsor is responsible for submitting the post-course Dashboard within one week after the Live course. After this submission, the **Learners will receive an email with a link which will direct them to their AAFP Account where they will find their Letter of Participation and Wallet Card. Only Learners who successfully complete both the online and the live portion of the course will receive ALSO Provider Status and a wallet card stating the status and expiration date.**

LIVE PORTION OF THE COURSE

AGENDA

<u>Time</u>	<u>Activity</u>
7:45-8:00	Registration
8:00-8:30	Course Introduction and Online Review

Workstation Rotations

(Learners are each assigned to a group and rotate amongst skills workstations simultaneously; shoulder dystocia/OP management, emergency breech delivery, assisted vaginal delivery and maternal resuscitation)

8:30-9:30 Rotation 1

9:30-10:30 Rotation 2

10:30-10:40 **BREAK**

10:40-11:40 Rotation 3

11:40-12:40 Rotation 4

12:40-1:10 **LUNCH**

Workstation Rotations

(Postpartum hemorrhage and interactive case studies)

1:10-2:10 Rotation 5

2:10-3:10 Rotation 6

3:10-3:20 **BREAK**

3:20-4:45 Group testing 4-5 learners/instructor

4:45-5:00 Written course evaluation

5:00 Adjourn

COURSE CONTACT INFORMATION

Course Director: Dr. Bobbie Jo D Adams

Advisory Faculty:

Dr. Bobbie Jo D Adams
Sarah Jean Riedel RN

Course Coordinator: Alyssa Christianson

Email Address: achristianson@medi-sota.org

Phone Number: 507-828-0858

COURSE FEE

MEDI-SOTA MEMBER: \$425.00

NON-MEMBER: \$550.00

This course fee includes tuition, syllabus, and materials. No refunds are available for failure to complete the online content review and examination.

Contact Alyssa Christianson to register at
Achristianson@medi-sota.org

